



Asia Education Foundation

My Daily Routine

Chinese Learning Sequence

Years 3-4

Vocabulary list

Daily activities

Chinese	English
起床 (qǐ chuáng)	get up
吃早饭 (chī zǎofàn)	eat breakfast
去上学 (qù shàngxué)	go to school
吃午饭 (chī wǔfàn)	eat lunch
回家 (huíjiā)	go home
吃晚饭 (chī wǎnfàn)	eat dinner
睡觉 (shuìjiào)	go to sleep